
meniscus removal Knee arthroscopy

Posted by Emma Chase VanCott - 2008/06/26 19:00

How long til i can run after knee arthroscopy? The surgeon didn't do any meniscus removal, etc. Just a flush with 6 litres of saline. I don't have any joint pathology other than a very old, healed ligament tear. Thx Emma

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Posted by Ed - 2008/06/26 19:00

How long until I can run after knee arthroscopy? The surgeon didn't do any meniscus removal, etc. Just a flush with 6 litres of saline. I don't have any joint pathology other than a very old, healed ligament tear. It's best to consult your doctor. I had extensive meniscus repair, removal of a torn synovium and cartilage scraped off the back of my patella. I could walk after a week, climb stairs comfortably after a month and run comfortably after 3 months. I was 33 years old when this was done. Younger lads heal more quickly. Just to be safe, I do wear a knee brace when exercising - just the neoprene kind that you get at a sports store.

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Posted by Isiafs5 - 2008/06/26 19:00

How long til i can run after knee arthroscopy? Why in the hell would you ask dimwits on the internet rather than your surgeon? Dumb. Sling Skate Buy ALTOIDS!!! Thanks for the support UK.

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Posted by Emma Chase VanCott - 2008/06/26 19:00

: :How long til i can run after knee arthroscopy? : Why in the hell would you ask dimwits on the internet rather than your surgeon? : Dumb. To get in to see my surgeon would take 9 months again, dumbass. There is an orthopod shortage.

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Posted by Bob G - 2008/06/26 19:00

: Dumb. To get in to see my surgeon would take 9 months again, dumbass. There is an orthopod shortage. Pick up the damn phone and call him!

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Posted by Rich Johnson - 2008/06/26 19:00

: Dumb. To get in to see my surgeon would take 9 months again, dumbass. There is an orthopod shortage. Ahh.. The charms of Socialized medicine! Can't wait until they adopt it here. ...not!! You might want to wait for the response to a phone call to the surgeon though. The responses here could be coming from a 9 year old kid, or a farmer from Arkansas. Anyone can pose as anything here.

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